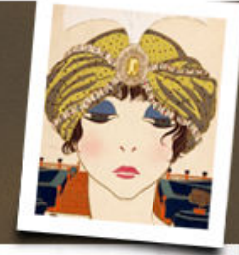


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Stonehouse 27 Cooking Sauces – turning boring meals into unique experiences

For a long time now I have been walking around trying to find just the right words to tell you all about one of my most... one of my ... one of a kind... See, try as I might I just cannot find the right adjective to describe the wonder that is **Stonehouse 27**. Inspired in Portugese in British Indian culinary heritages, these sauces (there are 6 of them) are so incredibly delicious and easy to use.

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All natural with no added salt or artificial sugar (instead, they use low glycemic agave nectar), no artificial flavors or preservatives, **Stonehouse 27** sauces are made with the everyday cook in mind. Just add fresh meats, seafood, fish, poultry or vegetable, simmer and your authentic Indian meal is ready. The flavors are designed to complement certain ingredients, so, for example, if you have chicken, you might want to try **Cashew & Cream**. Or if you have a craving for pork, try the **Dates & Tamarind**. The best part? All six sauces work beautifully with vegetable, making being a vegetarian so much more delicious!

Here's one of my favorite Salmon recipes using Stonehouse 27. Easy to make and so impressive, you might want to try it next time you have company over.

Baked Salmon with Tamarind & Garlic Sauce

Ingredients:

- 1 lb Salmon fillet
- 1 jar Stonehouse 27 Tamarind and Garlic

Preparation:

- Preheat oven to 450 degrees. Pour ¼ cup of Tamarind & Garlic Sauce into a baking dish as a base for the salmon. Place fillets on sauce and pour remaining contents of jar over fish, ensuring that the entire surface is covered. Place baking dish in preheated oven for 10-12 minutes or until salmon is cooked.

Stonehouse 27 Sauces are available at select healthy and gourmet markets nationwide. To find one nearest you, check out www.stonehouse27.com.

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